

# EAST BERNSTADT BREAKFAST MENU 2016-2017

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

SAUSAGE BISCUIT  
EGG GRAVY  
CEREAL & TOAST  
WG POPTARTS

BREAKFAST PIZZA  
CEREAL & TOAST  
WG POPTARTS

PANCAKE/SAUSAGE  
ON STICK  
CEREAL & TOAST  
YOGURT PARFAIT

PANCAKES & BACON  
SCRAMBLED EGGS  
CEREAL & TOAST  
YOGURT PARFAIT

EGG & TURKEY  
BACON SANDWICH  
CEREAL & TOAST  
WG POPTARTS

SAUSAGE BISCUIT  
EGG GRAVY  
CEREAL & TOAST  
WG POPTARTS

BREAKFAST PIZZA  
CEREAL & TOAST  
WG POPTARTS

PANCAKE/SAUSAGE  
ON STICK  
CEREAL & TOAST  
YOGURT PARFAIT

WAFFLES & BACON  
SCRAMBLED EGGS  
CEREAL & TOAST  
YOGURT PARFAIT

BF BURRITOS  
BEEF/BEAN/CHEESE  
CEREAL & TOAST  
WG POPTARTS

## SERVED DAILY:

**MILK CHOICES:** 1% UNFLAVORED MILK, FAT-FREE UNFLAVORED MILK, FAT-FREE FLAVORED MILK

**FRUIT/JUICE CHOICES:** ORANGE JUICE, FRESH FRUIT, FRUIT CUP

**STUDENTS MUST CHOOSE ½ CUP FRUIT OR VEGETABLE DAILY AT BREAKFAST AND LUNCH.**

## MENUS SUBJECT TO CHANGE

AUGUST 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER 2016						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER 2016						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER 2016						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2017						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH 2017						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL 2017						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY 2017						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			