

EAST BERNSTADT BREAKFAST MENU 2017-2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BISCUIT EGG
BACON
CEREAL & TOAST
WG POPTARTS

CHICKEN & ROLL
CEREAL & TOAST
YOGURT PARFAIT

PANCAKE/SAUSAGE
ON STICK
CEREAL & TOAST
WG POPTARTS

BREAKFAST PIZZA
CEREAL & TOAST
YOGURT PARFAIT

DONUT/ICING
CEREAL & TOAST
WG POPTARTS

BISCUIT EGG
SAUSAGE
CEREAL & TOAST
WG POPTARTS

CHICKEN & ROLL
CEREAL & TOAST
YOGURT PARFAIT

WAFFLES & BACON
CEREAL & TOAST
WG POPTARTS

BREAKFAST PIZZA
CEREAL & TOAST
YOGURT PARFAIT

BF BURRITOS
BEEF/BEAN/CHEESE
CEREAL & TOAST
WG POPTARTS

SERVED DAILY:

MILK CHOICES: 1% UNFLAVORED MILK, FAT-FREE UNFLAVORED MILK, FAT-FREE FLAVORED MILK

FRUIT/JUICE CHOICES: ORANGE JUICE, FRESH FRUIT, FRUIT CUP

STUDENTS MUST CHOOSE ½ CUP FRUIT OR VEGETABLE DAILY AT BREAKFAST AND LUNCH.

MENUS SUBJECT TO CHANGE

AUGUST 2017						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER 2017						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER 2017						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER 2017						
S	M	T	W	T	F	S
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19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER 2017						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY 2018						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY 2018						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH 2018						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL 2018						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2018						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		