

SEPTEMBER 2017

EAST BERNSTADT INDEPENDENT SCHOOL

Elementary & Middle

Breakfast \$ 0.00

Lunch \$ 0.00

Adults

\$ 2.50

\$ 3.50

Monday

Tuesday

Wednesday

Thursday

Friday

**NO
SCHOOL**

4

Hot Dog & Chili,
Sandwich, Chef Salad,
Carrots or Fresh Broccoli,
Fruit cup, Fresh Fruit,
100% Fruit Juice
Baked Chips & Cookie
Var. of Milk

5

Pork Rib Patty,
Sandwich, Chef Salad,
Baked Beans or Fries,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

6

Little Caesars Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

7

Chili/Chips/Cheese,
Sandwich, Taco Salad,
Refried Beans or Fresh Broccoli,
Fruit cup, Fresh
Fruit, 100% Fruit Juice
Baked Scoops
Var. of Milk

8

Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or Carrots,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

11

Corn dog,
Sandwich, Chef Salad,
Carrots or Fresh Broccoli,
Fruit cup, Fresh Fruit,
100% Fruit Juice
Cookie
Var. of Milk

12

Hamburger or Cheeseburger,
Sandwich, Chef Salad,
Baked Beans or Fries,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

13

Cheese or Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

14

Baked Ham
Sandwich, Chef Salad,
Green Beans or Mashed Pot.
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

15

Chicken Strips,
Sandwich, Chef Salad,
Broccoli & Cheese or Carrots,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

18

Hot Dog & Chili,
Sandwich, Chef Salad,
Carrots or Fresh Broccoli,
Fruit cup, Fresh Fruit,
100% Fruit Juice
Baked Chips & Cookie
Var. of Milk

19

Pork Rib Patty,
Sandwich, Chef Salad,
Baked Beans or Fries,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

20

Little Caesars Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

21

**NO
SCHOOL**

22

Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or Carrots,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

25

Corn dog,
Sandwich, Chef Salad,
Carrots or Fresh Broccoli,
Fruit cup, Fresh Fruit,
100% Fruit Juice
Cookie
Var. of Milk

26

Hamburger or Cheeseburger,
Sandwich, Chef Salad,
Baked Beans or Fries,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

27

Cheese or Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

28

Baked Ham
Sandwich, Chef Salad,
Green Beans or Mashed Pot.
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

29

Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or ½ cup vegetable daily at lunch.

This menu is subject to change based on available food items.

