

AUGUST 2022

East Bernstadt Independent School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
SUMMER
BREAK

2
SUMMER
BREAK

3
SUMMER
BREAK

4
SUMMER
BREAK

5
SUMMER
BREAK

8
SUMMER
BREAK

9
SUMMER
BREAK

10
SUMMER
BREAK

11
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

12
Chicken Patty
Sandwich,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

15
Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

16
Corn Dog,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

17
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

18
Hamburger or
Cheeseburger,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

19
Baked Ham,
Sandwich, Chef Salad,
Green Beans or Mashed
Pot.,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

22
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

23
Spaghetti w/Meat
Sauce,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Toast
Var. of Milk

24
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Tossed Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

25
Hot Dog & Chili,
Sandwich,
Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

26
Chili/Chips/Cheese,
Sandwich, Taco Salad,
Green Beans or
Refried Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Baked Scoops
Var. of Milk

29
Chicken Bites
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

30
Grilled Cheese/Soup
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

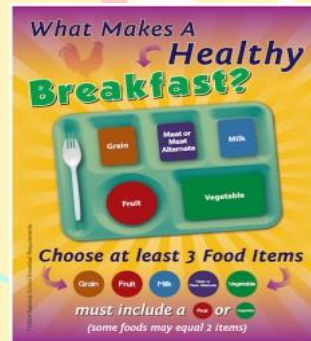
31
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Tossed Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

Did you know?
In August 1762 the sandwich, as we know it,
was created when the Earl of Sandwich
requested meat between two pieces of bread.

MENU SUBJECT TO CHANGE
School Breakfast and Lunch
Programs are facing extreme
difficulties with the food
supply chain at this time.
Menu changes may occur
without notice.

Elementary & Middle	Adults
Breakfast \$0.00	\$3.00
Lunch \$0.00	\$5.00

Students must choose ½
cup fruit daily at breakfast
and ½ cup fruit or ½ cup
vegetable daily at lunch.



This institution is an equal
opportunity Provider.