

May 2023

East Bernstadt Independent School

Monday

1
Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

8
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

15
Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

22
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

29
**SUMMER
BREAK**

Tuesday

2
Grilled Cheese/Soup
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bread
Var. of Milk

9
Corn Dog,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

16
**NO
SCHOOL**

23
**SUMMER
BREAK**

30
**SUMMER
BREAK**

Wednesday

3
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

10
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

17
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

24
**SUMMER
BREAK**

31
**SUMMER
BREAK**

Thursday

4
BBQ Sandwich,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

11
Hamburger or
Cheeseburger,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

18
Hot Dog & Chili,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

25
**SUMMER
BREAK**

Did you know?
The Empire State Building opened its doors
on May 1, 1931. At the point of its
construction, it held the record for being
the tallest building in the world.

Friday

5
Crispy fish Nuggets
w/Corn Muffin,
Sandwich, Chef Salad,
Scalloped Potatoes, or
Pinto Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Var. of Milk

12
Chili/Chips/Cheese
Sandwich, Taco Salad,
Green Beans or Refried
Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Baked Scoops
Var. of Milk

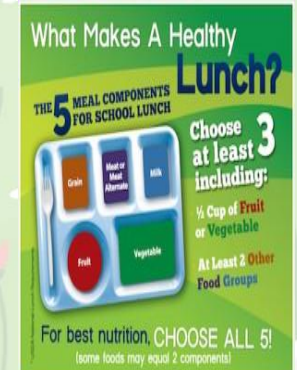
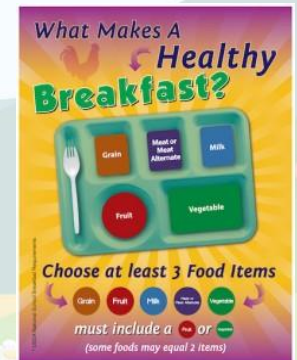
19
Chicken w/Gravy,
Sandwich, Chef Salad,
Green Beans or Hash Brown
Baked Apples,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Biscuit
Var. of Milk

26
**SUMMER
BREAK**

**MENU SUBJECT TO
CHANGE** School Breakfast
and Lunch Programs are facing
extreme difficulties with the
food supply chain at this time.
Menu changes may occur
without notice.

Elementary & Middle	Adults
Breakfast \$0.00	\$3.00
Lunch \$0.00	\$5.00

Students must choose $\frac{1}{2}$
cup fruit daily at breakfast
and $\frac{1}{2}$ cup fruit or $\frac{1}{2}$ cup
vegetable daily at lunch.



This institution is an equal
opportunity Provider