

November 2021

East Bernstadt Independent School



Monday

1
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

8
Chicken Nuggets,
Sandwich, Chef Salad,
Steamed Broccoli or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

15
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

22
Chicken Nuggets,
Sandwich, Chef Salad,
Steamed Broccoli or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

29
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

Tuesday

2
Spaghetti w/Meat
Sauce,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Toast
Var. of Milk

9
Corn Dog,
Sandwich,
Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

16
Spaghetti w/Meat
Sauce,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Toast
Var. of Milk

23
Turkey/Gravy & Stuffing,
Sandwich, Chef Salad,
Mashed Pot., or Green
Beans,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

30
Spaghetti w/Meat
Sauce,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Toast
Var. of Milk

Wednesday

3
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Green Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

10
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Green Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

17
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Green Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

24
**No
School**


Thursday

4
Hot Dog & Chili,
Sandwich,
Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

11
Hamburger or
Cheeseburger,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

18
Hot Dog & Chili,
Sandwich,
Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

25
No School


Friday

5
Chili/Chips/Cheese,
Sandwich, Taco Salad,
Broccoli & Cheese or
Refried Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Baked Scoops
Var. of Milk

12
BBQ Sandwich,
Sandwich, Chef Salad,
Steamed Broccoli or
Mashed Pot.,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

19
Chili/Chips/Cheese,
Sandwich, Taco Salad,
Broccoli & Cheese or
Refried Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Baked Scoops
Var. of Milk

26
No School

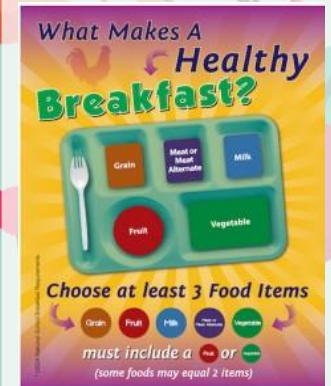

Did you know?

Elections are held in the United States on the Tuesday after the first Monday in November.

MENU SUBJECT TO CHANGE School Breakfast and Lunch Programs are facing extreme difficulties with the food supply chain at this time. Menu changes may occur without notice.

	Elementary & Middle	Adults
Breakfast	\$0.00	\$2.75
Lunch	\$0.00	\$4.60

Students must choose $\frac{1}{2}$ cup fruit daily at breakfast and $\frac{1}{2}$ cup fruit or $\frac{1}{2}$ cup vegetable daily at lunch.



This institution is an equal opportunity Provider.