

# JANUARY 2021

## EAST BERNSTADT INDEPENDENT SCHOOL

Elementary & Middle	Adults
Breakfast \$0.00	\$2.75
Lunch \$0.00	\$4.00



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



**4**  
 Chicken Nuggets,  
 Sandwich,  
 Broccoli & Cheese,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Roll  
 Var. of Milk

**5**  
 Hamburger or Cheeseburger,  
 Sandwich,  
 Fries,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk

**6**  
 Corn Dogs,  
 Sandwich,  
 Baked Beans,  
 Fruit Cup, Fresh Fruit or  
 100 % Fruit Juice  
 Baked Cheetos  
 Var. of Milk

**7**  
 Cheese or Pepp. Pizza,  
 Sandwich,  
 Corn,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Cookie  
 Var. of Milk

**8**  
 Soft Taco,  
 Sandwich,  
 Refried Beans  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Mex. Rice  
 Var. of Milk

**11**  
 Chicken Tenders,  
 Sandwich,  
 Broccoli & Cheese,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Roll  
 Var. of Milk

**12**  
 Spaghetti w/Meat Sauce,  
 Sandwich,  
 Sweet Potatoes,  
 Fruit Cup, Fresh Fruit,  
 100 % Fruit Juice  
 WG Toast  
 Var. of Milk

**13**  
 Hot Dog & Chili,  
 Sandwich,  
 Baked Beans,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Baked Doritos  
 Var. of Milk

**14**  
 Cheesy Bread,  
 Sandwich,  
 Corn,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk

**15**  
 Chicken Patty,  
 Sandwich,  
 Fries,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk

**18**  
**NO  
 SCHOOL**

**19**  
 Hamburger or Cheeseburger,  
 Sandwich,  
 Fries,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk

**20**  
 Corn Dogs,  
 Sandwich,  
 Baked Beans,  
 Fruit Cup, Fresh Fruit or  
 100 % Fruit Juice  
 Baked Cheetos  
 Var. of Milk

**21**  
 Cheese or Pepp. Pizza,  
 Sandwich,  
 Corn,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Cookie  
 Var. of Milk

**22**  
 Soft Taco,  
 Sandwich,  
 Refried Beans  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Mex. Rice  
 Var. of Milk

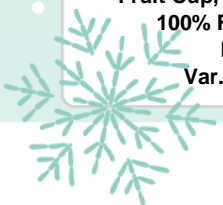
**25**  
 Chicken Tenders,  
 Sandwich,  
 Broccoli & Cheese,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Roll  
 Var. of Milk

**26**  
 Spaghetti w/Meat Sauce,  
 Sandwich,  
 Sweet Potatoes,  
 Fruit Cup, Fresh Fruit,  
 100 % Fruit Juice  
 WG Toast  
 Var. of Milk

**27**  
 Hot Dog & Chili,  
 Sandwich,  
 Baked Beans,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Baked Doritos  
 Var. of Milk

**28**  
 Cheesy Bread,  
 Sandwich,  
 Corn,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk

**29**  
 Chicken Patty,  
 Sandwich,  
 Fries,  
 Fruit Cup, Fresh Fruit or  
 100% Fruit Juice  
 Scooby Crackers  
 Var. of Milk



Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or ½ cup vegetable daily at lunch.  
 This menu is subject to change based on available food items.