

March 2023



East Bernstadt Independent School

Monday

Did you know?

March babies are spoiled with two birthstones: aquamarine, and bloodstone which symbolize courage.

Tuesday

Wednesday

Thursday

Friday

6
Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

7
Corn Dog,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

8
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Var. of Milk

9
Hamburger or
Cheeseburger,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

10
Diced Chix/Gravy &
Stuffing,
Sandwich, Chef Salad,
Mashed Potatoes, or
Green Beans,
Fruit cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

13
Chicken Tenders,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

14
Spaghetti w/Meat
Sauce,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Toast
Var. of Milk

15
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

16
Hot Dog & Chili,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

17
Chili/Chips/Cheese,
Sandwich, Taco Salad,
Green Beans or Refried
Beans,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
Baked Scoops
Var. of Milk

20
Chicken Bites,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

21
Grilled Cheese/Soup
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bread
Var. of Milk

22
Little Caesars Pizza,
Sandwich,
Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

23
BBQ Sandwich,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

24
Chicken w/Gravy
Sandwich, Chef Salad
Green Beans or Hash
Brown,
Baked Apples, Fresh
Fruit, 100% Fruit Juice
WG Biscuit
Var. of Milk

27
Chicken Nuggets,
Sandwich, Chef Salad,
Broccoli & Cheese or
Carrots,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Roll
Var. of Milk

28
Corn Dog,
Sandwich, Chef Salad,
Baked Beans or Peas,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Cookie
Var. of Milk

29
Cheese or
Pepp. Pizza,
Sandwich, Chef Salad,
Corn or Toss Salad,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Crust
Var. of Milk

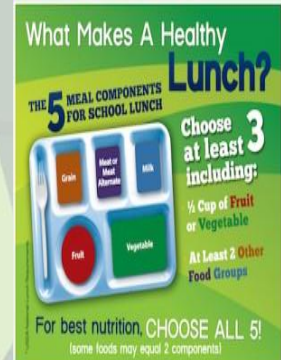
30
Hamburger or
Cheeseburger,
Sandwich, Chef Salad,
Fries or Sweet Potatoes,
Fruit Cup, Fresh Fruit,
100% Fruit Juice
WG Bun
Var. of Milk

31
**NO
SCHOOL**

MENU SUBJECT TO CHANGE School Breakfast and Lunch Programs are facing extreme difficulties with the food supply chain at this time. Menu changes may occur without notice.

	Elementary & Middle	Adults
Breakfast	\$0.00	\$3.00
Lunch	\$0.00	\$5.00

Students must choose $\frac{1}{2}$ cup fruit daily at breakfast and $\frac{1}{2}$ cup fruit or $\frac{1}{2}$ cup vegetable daily at lunch.



This institution is an equal opportunity Provider