

SEPTEMBER 2021

EAST BERNSTADT INDEPENDENT SCHOOL

	Elementary & Middle	Adults
Breakfast	\$0.00	\$2.75
Lunch	\$0.00	\$4.00

Monday

Tuesday

Wednesday

Thursday

Friday

MENU SUBJECT TO CHANGE
School Breakfast and Lunch Programs are facing extreme difficulties with the food supply chain at this time. Menu changes may occur without notice.

NO SCHOOL

6

7
 Spaghetti w/Meat Sauce,
 Sandwich, Chef Salad,
 Green Beans or Carrots,
 Fruit Cup, Fresh Fruit,
 100 % Fruit Juice
 WG Toast
 Var. of Milk

8
 Little Caesars Pizza,
 Sandwich, Chef Salad,
 Corn or Peas,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Cookie
 Var. of Milk

9
 Hot Dog & Chili,
 Sandwich, Chef Salad,
 Fries or Sweet Potatoes,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Bun
 Var. of Milk

10
 Chili/Chips/Cheese,
 Sandwich, Taco Salad,
 Steamed Broccoli or Refried Beans,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 Baked Scoops
 Var. of Milk

13
 Chicken Nuggets,
 Sandwich, Chef Salad,
 Steamed Broccoli or Carrots,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Roll
 Var. of Milk

14
 Corn Dog,
 Sandwich, Chef Salad,
 Baked Beans or Peas,
 Fruit Cup, Fresh Fruit,
 100 % Fruit Juice
 WG Cookie
 Var. of Milk

15
 Cheese or Pepp. Pizza,
 Sandwich, Chef Salad,
 Corn or Green Beans,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Crust
 Var. of Milk

16
 Hamburger or Cheeseburger,
 Sandwich, Chef Salad,
 Fries or Sweet Potatoes,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Bun
 Var. of Milk

17
 BBQ Sandwich,
 Sandwich, Chef Salad,
 Steamed Broccoli or Mashed Pot.,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Bun
 Var. of Milk

20
 Chicken Tenders,
 Sandwich, Chef Salad,
 Broccoli & Cheese or Carrots,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Roll
 Var. of Milk

21
 Spaghetti w/Meat Sauce,
 Sandwich, Chef Salad,
 Green Beans or Carrots,
 Fruit Cup, Fresh Fruit,
 100 % Fruit Juice
 WG Toast
 Var. of Milk

22
 Little Caesars Pizza,
 Sandwich, Chef Salad,
 Corn or Peas,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Cookie
 Var. of Milk

23
 Hot Dog & Chili,
 Sandwich, Chef Salad,
 Fries, or Sweet Potatoes,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Bun
 Var. of Milk

NO SCHOOL

24

27
 Chicken Nuggets,
 Sandwich, Chef Salad,
 Steamed Broccoli or Carrots,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Roll
 Var. of Milk

28
 Corn Dog,
 Sandwich, Chef Salad,
 Baked Beans or Peas,
 Fruit Cup, Fresh Fruit,
 100 % Fruit Juice
 WG Cookie
 Var. of Milk

29
 Cheese or Pepp. Pizza,
 Sandwich, Chef Salad,
 Corn or Green Beans,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Crust
 Var. of Milk

30
 Hamburger or Cheeseburger,
 Sandwich, Chef Salad,
 Fries or Sweet Potatoes,
 Fruit Cup, Fresh Fruit,
 100% Fruit Juice
 WG Bun
 Var. of Milk



Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or ½ cup vegetable daily at lunch.

This menu is subject to change based on available food items.

This institution is an equal opportunity provider.