

SEPTEMBER 2020

EAST BERNSTADT INDEPENDENT SCHOOL

	Elementary & Middle	Adults
Breakfast	\$0.00	\$2.75
Lunch	\$0.00	\$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
	NTI Day 1	NTI Day 2	Chicken Tenders, Sandwich, Broccoli & Cheese or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 3	Chicken Fajita w/Mex Rice Sandwich, Stem Broccoli or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Animal Crackers Var. of Milk 4
NO SCHOOL 7	BBQ Sandwich, Sandwich, Green Beans or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Doritos Var. of Milk 8	Chicken Patty, Sandwich, Baked Beans or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Cheetos Var. of Milk 9	Cheesy Bread, Sandwich, Corn or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Scooby Crackers Var. of Milk 10	Chicken Bites, Sandwich, Mashed Pot. or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 11
Chicken Nuggets, Sandwich, Broccoli & Cheese or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 14	Corn Dogs, Sandwich, Green Beans or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Cheetos Var. of Milk 15	Hamburger or Cheeseburger, Sandwich, Baked Beans or Fries, Fruit Cup, Fresh Fruit, 100% Fruit Juice Scooby Crackers Var. of Milk 16	Cheese or Pepp. Pizza, Sandwich, Corn or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Scooby Crackers Var. of Milk 17	Chicken Rings, Sandwich, Mashed Pot., or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 18
Chicken Tenders, Sandwich, Broccoli & Cheese or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 21	BBQ Sandwich, Sandwich, Green Beans or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Doritos Var. of Milk 22	Chicken Patty, Sandwich, Baked Beans or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Cheetos Var. of Milk 23	Cheesy Bread, Sandwich, Corn or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Scooby Crackers Var. of Milk 24	Chicken Bites, Sandwich, Mashed Pot. or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 25
Chicken Nuggets, Sandwich, Broccoli & Cheese or Carrot Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Roll Var. of Milk 28	Corn Dogs, Sandwich, Green Beans or Celery Sticks, Fruit Cup, Fresh Fruit, 100% Fruit Juice Baked Cheetos Var. of Milk 29	Hamburger or Cheeseburger, Sandwich, Baked Beans or Fries, Fruit Cup, Fresh Fruit, 100% Fruit Juice Scooby Crackers Var. of Milk 30		



Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or ½ cup vegetable daily at lunch.
This menu is subject to change based on available food items.